



Caring for a loved one? A friend? A neighbor?

Join us on the fourth Thursday of each month at the Cypress office for our family caregiver support group!



**R.S.V.P TO
RENEE RIZZO
(602) 448-4060**

**4TH THURSDAY OF
EVERY MONTH**

**REGULAR SPEAKERS
EACH MONTH**

FAMILY CAREGIVER SUPPORT GROUP



- ♥ **Helpful resources from guest speakers**
- ♥ **Bring up questions or concerns**
- ♥ **Connect with other caregivers**
- ♥ **Learn coping mechanisms**
- ♥ **EAT BROWNIES!**

Renee, facilitator, has spent over 20 years in the healthcare industry including experience with coordination of care, resources, education and support. She has facilitated support groups for Parkinson's, ALS, grief and caregiver support.

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